



Healthy Impact Nampa Coalition

Food Access Subcommittee

Minutes – June 12, 2018

2:30 PM - Welcome – Introductions

Brent Peterson started the meeting by introducing NNU President Dr. Pearsall who welcomed the committee to NNU and encouraged the committee to consider how NNU could be involved in improving food access in Nampa. After Dr. Pearsall’s introduction committee members introduced themselves.

Name	Affiliation
Brent Peterson	NNU, Committee Chair
Sandy Levi	City Council Member
Bobby Sanchez	Chief of Staff
Jean Mutchie	St. Luke’s
Karla Nelson	City of Nampa
Paula Deleon	North Nampa Community Liaison
Claudia Dina	Good News Church and Pantry
Rae Krick	Terry Reilly -
Bethany Gadzinski	Terry Reilly Health Services
Laramie Holtman	Terry Reilly
Sandy Kipp	Dietitian/ College Church
Brian Dale	HUD
Mari Ramos	mramos@nsd131.org
Jose Deleon	Idaho Department of Labor/ Resident
Jackie Jermann	WICAP
Jackie Yarbrough	Idaho Food Bank

2:45 PM – May in Motion – Experiences on the Bus

Karla Nelson explained that the Transportation Equity group rode the bus in May and conducted a walk audit at Lakeview Park. The committee met a few people who depend on the bus for their transportation needs. One man lives at Boise Rescue Mission and works at the Idaho Center. He can take the bus to work but usually, due to hours of service, needs to ride his bike back home. He also uses the bus to attend meetings and to access other services throughout the community. Another man works at Domino’s Pizza on 12th Avenue South. He is also able to ride the bus to work but must bike back to his home near the Idaho Center.

Bobby Sanchez shared that Mayor Kling has \$20,000 from Republic Services to be used for sustainability of the shuttle.

3:30 Project Spotlight: Prescription Veggie Program

Bethany Gadzinski shared information from the recent hands-on training with Invest Health that Terry Reilly attended in Dayton, Ohio. Several communities pursuing prescription veggie programs came together to learn how to get the program going from Wholesome Wave. The program in Dayton is hooked to diabetes prevention, they work with each program participant for a full year and people stay in the program and do the work.

Bethany introduced Rae Krick the new dietician for the prescription veggie program. Rae explained that she talks with participants about where they are at diet wise and they receive \$25 vouchers to spend on produce. The program is still in need of a grocer partner to purchase the food. The food bank is helping them to make that connection with the grocers as they have corporate connections and other regional models that can be followed. Some committee members suggested that a partnership with one of the meat markets could work well and that it might be good to have partnerships with several grocers so that program participants have choice. Rae explained that Terry Reilly has nearly 8,000 patients and almost ½ have diabetes or high blood pressure and therefore would be eligible for this program. Rae is working to sign up 180 people right now. There is also a partnership with cooking matters, so program participants can learn how to cook healthy food. Committee members suggested that Rae connect with the Berry Ranch and Whistle Farms to see if they would be interested.

3:45 Grocery Store Shuttle Sustainability

Brent shared that Sheri was not able to attend the meeting as she was currently presenting information about the shuttle to her health network at a conference. Sheri has submitted a few grants to help sustain the program one would be a capital grant that could be used to purchase a shuttle specifically available for the program. There are still conversations and work being done to roll the program under Meals on Wheels and the money from Republic Services would be a significant help in making the program sustainable. The committee discussed how the shuttle is about much more than food access, it is truly a wellness bus that provides riders with social opportunities and access to food, prescriptions and household goods. The group would like to expand the service to take riders to the library, bank and other services during the week. The shuttle could even take senior citizens to schools to read with kids.

3:50 Fruit and Veggie Hut

Claudia explained that they have a box truck that can be donated to the fruit and veggie hut program. An image of the truck was shared with the committee, the truck includes metal shelves, it will need an A/C unit to be functional. The committee was invited to stop by and look at the truck on Friday, June 15. Jean suggested that we could work with Blacksmith signs on a wrap for the truck.

3:55 Project Updates

Good News Food Pantry – Victor Rodriguez and Ana Moroshan are talking with community partners asking for donations for the pantry. Max Giving is set up and available for donations. Sheri Ainsworth has reached out to them about a grant opportunity.

Create Common Good – Create Common Good is still looking to locate in Nampa, a commercial kitchen is needed. Committee members suggested that College Church might be a possibility.

4:00 PM Meeting Logistics

- The next meeting will be held on July 10 at Good News Community Church.