



Healthy Impact Nampa Coalition

Food Access Subcommittee

Minutes – June 11, 2019

3:30 PM - Welcome and Introductions

Bethany Gadzinski, Committee Chair, started the meeting, all in attendance introduced themselves.

Name	Affiliation
Ana Moroshan	Terry Reilly Health Clinic - Committee Chair
Matt Jamison	City of Nampa-CDBG
Brent Peterson	NNU - Co Chair
Mari Ramos	Nampa Schools - FCRC
Amy Bowman	City of Nampa
Micki Kawakami	AARP ID
PR Meggan Manlove	Trinity Community Gardens
Sandy Kipp	College Church/Dietitian
Bethany Gadzinski, Chair	Terry Reilly Health Services - Committee Chair
Jackie Yarbrough	Idaho Food Bank
Jessica Nielsen	TVLA
Brian Dale	HUD

3:45 PM

Traveling Table Update

The May distribution provided food boxes to 87 households and 285 individuals from the same two locations (Lakeview Church and Nampa Housing Authority). Ana asked Jackie from Idaho Food Bank if we should adjust our order during the summer months given that we do not have any historical data for summer months participation in the Traveling Food Table beneficiaries. The June distribution will need additional volunteers. It was recommended that we open the Sign-Up Genius up to outside volunteer organizations to fill empty time slots.

Discussion pertaining to whether the Traveling Table should create an official Facebook page to help promote each distribution and obtain volunteers. Additionally, Jessica created a survey monkey that asks the questions pertaining to possible additional locations and times that would be more relevant to the households in the census tracts we are focused on. Discussion

on additional ways to market the survey were offered such as Next Door which would allow us to market the survey electronically to the North Nampa area specifically.

Discussion on expanding the frequency and time to 4 locations a month and the 1st or 2nd Wednesday of each month and keeping the 3rd Wednesday distributions. It was recommended that we should keep both locations for the 3rd Wednesday and just shorten the time at each location and then add a week and include two additional locations and times around our North Nampa Neighborhood. Brent suggested keeping everything the same until September and we can get the Sign-Up Genius running smooth to add the additional locations. Possible locations could include the Mason Creek trailer park and 1st Street North near the railroad tracks/Fred Meyer. It was suggested that we try to include the North Nampa Neighborhood map in our survey to get residents' feedback on location selection and times to focus the future distribution locations in an area that has community buy in and need.

Adams Nursery provided some vegetable starts for the June distribution. Matt worked with Nampa Housing Authority to get the plants into the hands of North Nampa Residents and all the plants were distributed.

Action: Communicate with Nampa Housing Authority to determine if there would be an issue with changing the time from 2 hours to 1 hour for the 3rd Wednesday distributions starting in September.

Food Prescription Program Update

Terry Reilly food prescription grant is complete, and the initial estimates of participants was 174 and the program helped 174 people with 108 of them actively attending the supportive cooking and counseling classes associated with the program. For those that fully participated the average BMI went down by .26. Also, the A1C's went down 1.3% which is a big drop in the number. The program participants that did not fully participate in the program say and increase in their BMI and A1C's. Terry Reilly received a second year of funding to continue the program locally. The second year goal is to add people to the current 108 of active participants.

Grocery Shuttle Update

The new shuttle van is in production and once payment is received by the manufacturer arrangements for delivery will be made for the new van. The most recent ridership numbers for the previous two weeks were around 22 riders. Additionally, there were 7 new riders at the last shuttle date. The shuttle has been running smooth with additional routes planned when the new van arrives. There is additional discussion pertaining to expanding to the local farmers market and then continue with regular scheduled route. Additional ideas involving shuttle services to expand to include banking needs for the existing neighborhood ridership if there is a need. Current neighborhood is based around the 202 census tract and likely to expand into 201.

4:50 PM Next Meeting Location

Saint Alphonsus Medical Center - Tamarack Room

4300 E Flamingo Ave Nampa ID 83687

5:00 PM - Adjourn