



# Healthy Impact Nampa Coalition

## Food Access Subcommittee

### Minutes – May 14, 2019

#### 3:30 PM - Welcome and Introductions

Brent Peterson, Committee Chair started the meeting, all in attendance introduced themselves.

Name	Affiliation
Ana Moroshan	Terry Reilly Health Clinic - Committee Chair
Matt Jamison	City of Nampa-CDBG
Brent Peterson	NNU - Co Chair
Mari Ramos	Nampa Schools - FCRC
Amy Bowman	City of Nampa
Micki Kawakami	AARP ID
PR Meggan Manlove	Trinity Community Gardens
Sandy Kipp	College Church/Dietitian
Bethany Gadzinski, Chair	Terry Reilly Health Services - Committee Chair
Micki Kawakami	AARP ID
Jackie Yarbrough	Idaho Food Bank
Jessica Nielsen	TVLA
Brian Dale	HUD
Pastor Tony Johnson	Care House Partnership

#### 3:45 PM

Discussion on the use of the new online volunteer signup tool and how the first experience was using it. Jessica Nielsen established an online portal and initial feedback came in that there was confusion regarding the format of the website displaying the dates and times available to volunteer. Corrections would be needed for the next months volunteer dates.

#### Traveling Food Table Update

The April distribution reached 85 households and 235 individuals. The distribution was split at approximately 40% of the total at Lakeview Church and 60% at the Nampa Housing Authority location. Could not get the van started in the morning due to a battery issue and needed to be jump started to get it over to the Nampa Housing Authority location. It was discovered that the truck would need to be started and run for a little while several times a month to keep the battery working properly.

Discussion regarding the logistics of getting from the Lakeview location to the Housing Authority location. Before they could setup at the second location people were already waiting in line to receive a food box. It was suggested that we could possibly increase the amount of time we need to get over to the second location and set up or prepare several boxes of food at the Lakeview location to be taken to the Nampa Housing Authority location so we are prepared for people who are there at 12:00 pm.

Jessica discussed the online signup option Sign-Up Genius and the possibility of opening it up to additional local organization to participate. Discussion around continuing the distribution frequency and location through July and then adding a second delivery date in August. If we don't have all the volunteer spots filled at two weeks out, we can then open it up to the committee members to send out to solicit additional volunteers to sign for the specific distribution date/time.

Discussion around the possible date change for the 2020 year distributions to address the conflict with the monthly Chamber of Commerce meetings that many of the committee members need to attend.

Paulette with the Trinity Community Gardens will be bringing vegetable plants to the 12:15 pm Nampa Housing Authority distribution location. Alma will also be bringing vegetables to the 12:15 pm distribution as well.

**Action:** - Add Paulette to the email distribution list for future Food Access Committee meetings. Email provided by Jessica Nielsen and Paulette is affiliated with Trinity Gardens.

#### Invest Health Grant Update

The last known grant balance was at approximately \$12,000 to \$13,000 available to be spent on van improvements and future maintenance needs. All outstanding expenses have been paid to date. Discussion about having the student involved start the process of getting sponsorships and holding fundraisers to help with future expenditures for the Traveling Food Table.

#### Grocery Shuttle Update

The St Alphonsus bus is still in the process of being build and is scheduled to be delivered some time this summer. The shuttle program is still in need of more long term drivers to cover the possible expansion of routes. When additional bus arrives, and the schedule is worked out a meeting needs to be scheduled to discuss the possible expansion of dates, times, and locations the shuttle can run. Ridership results for the Grocery Store Shuttle were 118 in March and 53 in April. The decrease in numbers was a direct result of the shuttle driver being out due to illness. There were only two weeks of operation in April due to the illness.

#### **4:30 PM**

##### Poverty Simulator Update

Matt sent an email to Mary Soto to discuss the possibility of having the Poverty Simulator event at one of our next Food Access meeting dates/times and determine the capacity level for an individual event.

A suggestion was made to possibly investigate scheduling the Poverty Simulator in Fall 2019 due to busy summer schedules to maximize participation.

##### Strategic Plan Update

Discussion on the accepted proposal for Shannon McGuire to conduct the strategic planning for the Nampa Healthy Impact Coalition and she will start the process of getting people involved to create the strategic plan. It is the hope that this strategic plan process will get some of the other sub-committees energized again. Some local church organizations were invited to participate in the strategic plan since they have some immediate plans to build long term low-income housing.

Pam Peterson recommended a book to read called "Evicted" that deals with Poverty and Profit.

Additional discussion pertaining to low-income housing ideas being implemented in communities in Idaho and surrounding states. There was mention of a project in McCall called Toby's Place which is geared towards adults with disabilities that want to be more independent. They can utilize their SSI benefit to rent something that is livable and within their budget.

#### **4:40 PM**

Mari and Jean discussed a pilot food repackaging program based around the idea of packaging the leftover food from schools that can be provided to families in need and not have the food go to waste. It would be nice to provide a good meal that would be easy to heat up for kids that are home alone and often must make their own meals. Could be a possible small pilot program in conjunction with a local school, university, restaurant to provide excess food to be packaged into take home. Kass mentioned that the College of Idaho has a pack-n-go program and they currently have hot food that they through away.

**Action:** Mari Ramos and Ariel to explore the possibility of starting a leftover food packaging program like the one created in Indiana in conjunction with a non-profit organization called Cultivate.

#### **4:55 PM**

Next Meeting Location – June 11, 2019 3:30 to 5:00 PM

St Luke's Nampa Medical Center, 9850 W St Luke's Dr / Stampede Room 3<sup>rd</sup> Floor