



# Healthy Impact Nampa Coalition

## Food Access Subcommittee

### Minutes – March 12, 2019

#### 3:30 PM - Welcome and Introductions

Ana Moroshan started the meeting, all in attendance introduced themselves.

Name	Affiliation
Jean Fitzgerald-Mutchie	St Luke's
Ana Moroshan	CapEd/Neighborhood Pantry
Matt Jamison	City of Nampa-CDBG
Mari Ramos	Nampa Schools - FCRC
Rae Krick	Terry Reilly Health Clinic
Kass Rivera	WICAP
Bobby Sanchez	City of Nampa
Diane Stephens	DHW/Resident
Pam Peterson	Community Member
Micki Kawakami	AARP ID
PR Meggan Manlove	Trinity Community Gardens
Sandy Kipp	College Church/Dietitian

**3:45 PM** – Discussion on The Traveling Food Table most recent distribution results. Food was provided by Idaho Food Bank and WICAP. Leftover food, if any, is arranged to be delivered to the Snake River Food Pantry and then distributed out to the rest of the school pantries. The most recent distribution was held from 10:00 – 2:00 in the Lakeview Church parking lot. The February distribution served 53 households. The next distribution will be held at two locations 10:00 – 11:30 am at the Lakeview Church parking lot and 12:00 – 2:00 at the Nampa Housing Authority. It was suggested that we increase our food order from the Idaho Food Bank from 60 to 90 households based on the marketing included in the previous distribution boxes and the second location at the Nampa Housing Authority. Ana mentioned they established a donation account at CapEd where people can go into any CapEd branch and donate. They also established a P.O. box for donations to be mailed at: P.O. Box 1673 Nampa, ID. 83653.

The Treasure Valley Leadership Academy student will be presenting their program to the Nampa City Council and it was suggested that we also present the results from the Food Prescription program run by Terry Reilly.

Discussion on possible resources for vegetable plant starts to give out at future distributions. Suggested resources are; Jana Volkers – Nampa School District, Adams Nursery, Edwards Nursery, and Trinity Community Garden.

**Action Item:** Matt to follow up with leads for the vegetable plant starts and report at next meeting.

Meggan mentioned her gardeners planned to donate any leftover starts that do not sell at the St Paul's sale to the Traveling Table and that she will have them contact Matt.

Discussion on future funding options for the Traveling Table. Two possible options include; the Idaho Food Bank Grant, and Union Pacific Community Grant. It was mentioned that we should look at what demographic information is typically requested in a grant application such as elderly or not, racial statistics, ethnicity, etc. Ana stated we currently ask for name, city, how many people in household and age breakout of each (0 – 18, 19 – 59, 60 and older). Rae mentioned she and Bethany have the stats on the food desert for any grant we apply for.

Action: Ana and Matt to develop a Pro-Forma for the Traveling Food Table to be used with future grant applications and to help with marketing efforts to inform people if they donate x then they will help y.

Suggested costs associated with the Traveling Table include, but not limited to; insurance, fuel expense, vehicle maintenance, tire replacement, food safety certification costs, health inspector annual fee and licensure expense.

**4:15 PM** – Shuttle Update: Grocery Shuttle is still running and is currently using a smaller van provided by First Church. The transportation grant has ordered a new shuttle van, but it is currently still in production. The shuttle is still getting between 25 – 30 riders on Saturdays even with no marketing.

**4:30 p.m.** - Jean will be meeting with Shannon McGuire and the Mayor on March 21st regarding the Healthy Impact Coalition. Jean asked for ideas she can bring to the Mayor from the Food Access Sub-Committee. Meggan mentioned it would be good to align our various sub-committee goals with the City of Nampa's master plan. Jean mentioned she will also be recommending that City Council hold a meeting in North Nampa area.

Discussion around the idea of getting the various sub-committees back together to reignite interest in the committee's activities.

**Action Item:** Hold a community conversation at Snake River Elementary or Nampa Housing Authority.

- Possibly provide a simple meal to go along with the event like spaghetti and sauce.
- Encourage/invite a few council members to attend the meeting/listening session.

Bobby mentioned it would be a good idea to identify events where there will be a lot of people such as the God and Country Festival. We could request some stage time to promote the Traveling Table and show the NNU video. We could also discuss ways people can both volunteer and donate to help support the project.

**Action Item:** Find a contact at the God and Country Festival/Parade America and see if it would be possible to have time to talk about and promote the Traveling Table. Maybe enter the van in the parade and have the kids hand out information about the program as well as candy (or something healthy)?

**Action Item:** Ask Rosie at the Nampa Housing Authority to build a Survey Monkey Survey.

**4:50 PM** – Poverty Simulator could also be a good event to bring the various sub committees together around. Initial idea to hold it on September 16, 2019.

**Action Item:** Kass to take the idea and date back to Jackie and WICAP.

**5:00 PM** - Meeting adjourn, next meeting to be held at the 12<sup>th</sup> Street CapEd location again from 3:30 – 5:00 pm in the conference room. Parking instruction will come with the agenda.